



CURRICULUMVITAE

Identification:

Name: Seyedeh Mahdiah Namayandeh

Date of Birth: July 12, 1972

Place of Birth: Yazd, Iran

Marital Status: Married, 1 child

Nationality: Iranian

Title: PhD student of Epidemiology

Work address: Health Faculty, Epidemiology department

Shiraz University of Medical Sciences

Shairz

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Education :

PhD Epidemiology, Shiraz medical university, 2009-2012

-Medicine(MD), 1997, Yazd Shahid Sadooghi University of Medical Sciences, Iran.

Title of thesis:

PhD THESIS on " longitudinal study of blood pressure in yazd during 10-year follow up, Yazd healthy heart cohort study,

MD thesis: on " Comparison of post appendectomy pain based on incision type (Mac Burny- transverse) ..."

Department of surgery (shahid rahnemoon Hospital) - Yazd Shahid Sadooghi University of Medical Sciences, Iran

Employment:

۱. From Sep. ۲۰۱۸ to ۲۰۱۹: CVD Registry manager of cardiovascular clinic and research center of Yazd , Iran
۱. From Sep. ۱۹۹۹ to ۲۰۱۶: Research manager of cardiovascular clinic and research center of Yazd , Iran
۲. From March ۲۰۰۲ to ۲۰۱۰: responsible of Quality control of cardiac rehabilitation ward . cardiovascular clinic and research center of Yazd , Iran
۳. From February ۲۰۰۳ to ۲۰۱۰: responsible of Quality control of community based intervention project for primary prevention of atherosclerotic cardiovascular diseases.
۴. From February ۲۰۰۳ to ۲۰۱۰: responsible of nutrition improvement committee of community based intervention project for primary prevention of atherosclerotic cardiovascular diseases.
۵. From February ۲۰۰۳ to ۲۰۱۰: responsible of risk factor modification committee of community based intervention project for primary prevention of atherosclerotic cardiovascular diseases.

Professional Societies :

- From ۲۰۱۴ up to ۲۰۱۹: Member of national and international epidemiology society
- From ۲۰۱۴ up to ۲۰۱۹: Member of international epidemiology society
- From ۲۰۱۸ up to ۲۰۱۹: Member of European cardiovascular Society
- From ۲۰۱۴ up to now : assistant professor, lecturer in health faculty in yazd university of medical sciences
- From March ۱۹۹۳ to May . ۱۹۹۵: Member of cardiovascular research center, Tehran
University of Medical Sciences, Iran

Courses:

- ۱- Cardiac Rehabilitation Course. (An one week course). Isfahan cardiovascular research center, Iran . ۲۰۰۲
- ۲- Clinical Genetic counseling (a three days course) , *Yazd Shahid Sadooghi University of Medical Sciences , Iran ۲۰۰۵*
- ۳- Histochemistry method , on monoclonal antibody of TLR (a ۱ week workshop) , *Yazd Shahid Sadooghi University of Medical Sciences , Iran ۲۰۰۶*
- ۴- Clinical genetic consultation: A teleconference workshop in collaboration with European genetic association; *Yazd Shahid Sadooghi University of Medical Sciences, IVF research center, Iran , ۲۰۰۶*
- ۵- Real time PCR, pastor institute course, Tehran, ۲۰۰۹
- ۶- *Medical journalism; Yazd Shahid Sadooghi University of Medical Sciences; ۲۰۱۵*
- ۷- Good Clinical Practice by; (CTC) Clinical Trial Center; Tehran university; *Yazd Shahid Sadooghi University of Medical Sciences; ۲۰۱۷*
- ۸- Research ethic; *Yazd Shahid Sadooghi University of Medical Sciences; ۲۰۱۸*
- ۹- *Publishing ethic; Yazd Shahid Sadooghi University of Medical Sciences; ۲۰۱۸*

۱۰- practicing NIH- standard proposal writing for clinical epidemiological and health services/policy/economic research ; NIMAD , Tehran , Iran ; ۲۰۱۶

۱۱- Cochrane systematic review and eta analysis ; ۳ daye workshop by Cochrane training ; Yazd Shahid Sadooghi University of Medical Sciences; ۲۰۱۶

۱۲- Data-mining workshop ; Yazd Shahid Sadooghi University of Medical Sciences; ۲۰۱۹

Publications:

۱. Dr Rafiei M MD , Dr Sadr SM MD , Dr Afkhami M MD , Dr **Namayandeh*** SM MD , et al . Ankle brachial index as predictor of coronary artery disease in diabetic patients. What is the best cut off point ?

Hamdard Medicus , ۲۰۰۹; ۱۴(۴) p: ۱۰۰-۱۰۸

۲. Dr Rafiei M MD , Dr Sadr SM MD ,Dr Myrjalili M MD , Dr Naebzadeh M MD , Dr **Namayandeh*** SM MD. Syndrome X in referred patients to coronary angiography ward. *Journal of Tehran medical university* ۱۳۸۳,vol ۱,NO ۶۲,p: ۵۰-۵۵

۳. Dr Rafiei M MD , Dr Sadr SM MD , Dr Afkhami M MD , Dr **Namayandeh*** SM MD , et al . Ankle brachial index as predictor of coronary artery disease in diabetic patients. What is the best cut off point ?*Journal of Tehran medical university* ۱۳۸۳,vol ۳,NO ۶۲,p: ۱۹۴-۲۰۳

۴. *Abdollahi MH MD , Foroozannia SK MD , Dr Namayandeh** SM MD , Platelet count changes during cardiopulmonary bypass surgery via on pump method. *Journal of Shahid Sadooghi university of medical science*, ۱۳۸۲,vol ۳ no ۱۱, ۱۰-۱۵

۵. *Sadr SM MD ,Rafiei M MD , Rashtian P MD , Namayandeh SM MD , Soltani MH MD , Andishmand A MD , Emami M MD .Emotional stress , physical activity , rest and sleep during onset of myocardial infarction . Journal of Shahid Sadooghi university of medical science.* ۱۳۸۳,vol ۳,no ۱۲,p: ۹-۱۴

۶. *Sadr SM MD ,Shahriary V MD , Mirbaghery SR MD , Haghghat S MD ,Halajian M MD, Namayandeh* SM MD . Myocardial infarction characteristics in Yazd . Journal of Mashhds university of medical science.* ۲۰۰۲-۲۰۰۴,vol ۴, no ۸۲, p: ۴۱-۴۸

۷. *Sadr SM MD ,Rafiei M MD , Bahadorzadeh L MD , Namayandeh SM MD , Soltani MH MD , Andishmand A MD , Emami M MD .Early outcome of myocardial infarction in men and women . Journal of Mashhds university of medical science.* ۲۰۰۴,vol ۴, no ۸۴, p: ۱۴۲-۱۴۳

۸. *Sadr SM MD ,Rafiei M MD,Salari M MD , Namayandeh SM MD , Soltani MH MD , Andishmand A MD , Emami M MD .Lipid profile in myocardial infarction. Journal of Tehran medical university* ۱۳۸۴(۱۱),p: ۹۲۷-۹۳۶

۹. *Sadr SM MD ,Rafiei M MD , Bahadorzadeh L MD , Namayandeh* SM MD , Soltani MH MD , Andishmand A MD , Emami M MD .Dose opium can prevent myocardial infarction? . Acta medical journal* ۱۳۸۴,(۴۳),p: ۲۱۸-۲۲۲

۱۰. Soltani M MD , Sadr SM MD , Rafiei M MD , **Namayandeh*** SM MD , et al . Myocardial Infarction in Young Patients, *Iranian heat journal* ۲۰۰۴(۶),p: ۵۲-۵۴

۱۱. Sadr SM MD ,Rafiei M MD ,**Namayandeh*** SM MD , Soltani M MD , et al. Premature Myocardial Infarction in Yazd, *Journal of Tehran medical university* ۱۳۸۴(۷),p: ۵۷۹-۵۸۹

۱۲. – **Namayandeh*** SM MD ,Sadr SM MD , Aflatoonian M MD , et al. *Comparison of Ankle Brachial Index (ABI) and Doppler sonography findings in diabetic patients with peripheral arterial disease . Journal of Mashhad medical university* ۱۳۸۵,(۸۹),p: ۲۵۷-۲۶۲

۱۳. Motefaker M MD ,Sadr SM MD , Rafiei M MD ,Bahadorzadeh L MD, **Namayandeh*** SM MD , et al .Premature Myocardial Infarction in Yazd, *Journal of Tehran medical university* ۱۳۸۴(۷),p: ۵۷۹-۵۸۹

۱۴. Sadr SM MD , Rafiei M MD , **Namayandeh** SM MD , Soltani M MD , et al. Epidemology of physical activity in >۶۰ years old population of Yazd, *Tehran University Medical Journal; Vol. ۶۵, No. ۴, July ۲۰۰۷: ۷۷-۸۱*

۱۵. Sadr SM MD , Rafiei M MD , **Namayandeh** SM MD , Soltani M MD , et al .Metabolic syndrome in >۷۰ years population in yazd . *Journal of Tehran medical university* ۱۳۸۴, *Tehran University Medical Journal*; Vol. ۶۴, No. ۱, Jan ۲۰۰۷:۹۰-۹۶
۱۶. Sadr SM MD , Rafiei M MD , **Namayandeh** SM MD , Soltani M MD , et al.The roll of obesity in premature myocardial infarction . *Journal of Mashhad medical university summer* ۱۳۸۵, ۹۲, ۱۱۵-۱۲۲
۱۷. S. M. **Namayandeh***, M. Emami-Meybody, S. M. Sadr-Bafghi, S. Yeganehfard, M. Kamran and M. Motafaker, Vitamin E supplement blocks the response of HDL to lovastatin therapy in hypercholesterolemic patients, *Acta Medica Iranica* ۲۰۰۷; ۴۵(۴): ۲۷۷-۲۸۱
- ۱۸- Seyed Mahmood Sadr, MD, Seyedeh Mahdieh **Namayandeh***, MD, Mansoor Rafiei, MD Seyed Mostafa Baghaei Poor, MD, Maryam Aflatoonian, MD, Monireh Modares Mosadegh PhD, Seyed Khalil Foroozannia, *Agreement Between ABI (Ankle Brachial Index) and USD (Ultrasound Duplex Scanning) in Symptomatic Peripheral Arterial Disease Patients Teh Univ Heart Ctr* ۱ (۲۰۰۸) ۳۵-۳۸
- ۱۹- Rafiei M,Sadr S M H.,Nasirian M.**Namayandeh*** S M.Abdoli A M.Sadr S M, *Dyslipidemia in diabetic patients: a cross sectional study in urban population of Yazd, Iran, Tehran University Medical Journal*; Vol. ۶۶, No. ۷, Oct ۲۰۰۸: ۵۰۳-۵۰۷
- ۲۰- SM Sadr , SM **Namayandeh***, MM Moadares, M Rafiei, *Serum Uric Acid Levels and Its Association with Cardiovascular Risk Factors, Iranian J Publ Health, Vol. ۳۸, No. ۱, ۲۰۰۹, pp. ۵۳-۵۹*
- ۲۱- Lotfi MH, Sadr SM, **Namayandeh** SM, *CAD risk factors in yazd urban population, Asia-Pacific Journal of Public Health* ۲۰۱۰, vol ۲۳, no ۴; p: ۵۳۴-۵۴۳
- ۲۲- foruzan-nia S KH, abdollahi MH, Moshtaghion SH, **Namayandeh** SM, Mortazavi zadeh, *incidence of Sexual dysfunction in men after cardiac surgery in Afshar hospital, journal of reproductive medicine, ۲۰۱۱; ۹(۲), ۸۹-۹۴*
- ۲۳- Namayandeh S, Sadr S, Rafiei M, Modares-Mosadegh M, Rajaefard M. Hypertension in Iranian urban population, epidemiology, awareness, treatment and control. *Iranian journal of public health. ۲۰۱۱; ۴۰(۳):۶۳.*
- ۲۴- Rezaeian A, MD, PhD, **Namayandeh** SM MD, Sadr SM MD, *National Cholesterol Education Program Adult Treatment Panel III versus International Diabetic Federation definition of metabolic syndrome as a predictor of diabetes mellitus and coronary artery disease, which is better? Int J Prev Med. ۲۰۱۲ August; ۳(۸): ۵۵۲-۵۵۸.*
- ۲۵- Ezoddini-Ardakani F, Namayandeh S, Sadr-Bafghi S, Fatehi F, Mohammadi Z, Shahrabi-Farahani S, et al. Association of pulp stones with coronary artery stenosis. *Community dental health. ۲۰۱۱; ۲۸(۴):۳۰۵-۷.*
- ۲۶- Ghanbari-Firoozabadi M, Rahimianfar A, Nasab MRV, Namayandeh S, Emami M, Boostani F, et al. A Study of the Effect of Cardiac Rehabilitation on Heart Failure Patients' Life Quality. *Journal of medicine and life. ۲۰۱۴; ۷(۱):۵۱.*
- ۲۷- Mirzaei M, Soltani M, Namayandeh M, GharahiGhehi N. Sodium and Potassium Intake of Urban Dwellers: Nothing Changed in Yazd, Iran. *Journal of Health, Population and Nutrition (JHPN). ۲۰۱۴; ۳۲(۱):۱۱۱-۷.*
- ۲۸- Mirzaei M, Soltani MH, Ghahi NG, Namayandeh M, editors. Sodium and potassium intake of urban dwellers in Yazd-Iran. *CIRCULATION; ۲۰۱۲: LIPPINCOTT WILLIAMS & WILKINS ۵۳۰ WALNUT ST, PHILADELPHIA, PA ۱۹۱۰۶-۳۶۲۱ USA.*
- ۲۹- Namayandeh SM, Kaseb F, Lesan S. Olive and sesame oil effect on lipid profile in hypercholesterolemic patients, which better? *International journal of preventive medicine. ۲۰۱۳; ۴(۹):۱۰۵۹.*
- ۳۰- namayandeh SM, sadr SM, ansari N, *Traditional CAD risk factors prevalence in Yazd urban population in ۲۰۰۶, Iranian cardiovascular research journal, ۲۰۱۱, n۰۱, ۷-۱۳*
- ۳۱- Sara Amel-Shahbaz, Mostafa Behjati-Ardakani, Seyedeh Mahdieh Namayandeh, Mohammadreza Vafaenasab, Abbas Andishmand, Samane Moghimi, Masoud Negahdary, Mohammadtaghi Sarebanhassanabadi. *The epidemiological aspects of*

congenital heart disease
in central and southern district of Iran. *Advanced Biomedical Research* | ۲۰۱۴

۳۲- Mohammad Saleh Ali Taleshi,*; Farhad Nejadkoorki; Hamid Reza Azimzadeh; Seyedeh Mahdieh Namayandeh^۲; Motahhreh Sadat Namayandeh; Mohammad Taghi Ghaneian. The Quality of Dialysis Water: A Case Study in the Educational Hospitals of Yazd, Iran *Health Scope*. ۲۰۳۸ January; ۴(۱): e۲۳۰۸۶. ۲۰۱۵

۳۳- Ghanbari-Firoozabadi M, Rahimianfar AA*, Reza Vafaii Nasab M *, Namayandeh SM*, Emami M*, Boostani F*, Sherafat A*, Barzegar K** A Study of the Effect of Cardiac Rehabilitation on Heart Failure Patients' Life Quality *Journal of Medicine and Life Vol. ۷, Issue ۱, January-March ۲۰۱۴*, pp.۵۱-۵۴

- ۳۴- The epidemiological aspects of congenital heart disease in central and southern district of Iran Pubmed
- ۳۵- diagnostic value of dental pulp stones in the early diagnosis of ischemic heart diseases ChemicalAbstract
- ۳۶- The Importance of the Troponin Biomarker in Myocardial Infarction ChemicalAbstract
- ۳۷- Anxiety determinants in mothers of children with congenital heart diseases undergoing cardiac surgery Pubmed
- ۳۸- Can Antidepressant Drug Impact on Blood Pressure Level in Patients with Psychiatric Disorder and Hypertension? A Randomized Trial Pubmed
- ۳۹- بررسی اثر تادالافیل خوراکی در کاهش پرفشاری شریانی ریوی در کودکان و نوجوانان ۵ ماهه تا ۱۵ ساله CINAHL
- ۴۰- Longitudinal Study of Blood Pressure during ۸ Years; Patterns and Correlates: Yazd Healthy Heart Project Others
- ۴۱- The Effect of Fasting During Ramadan on Blood Pressure in Patients with Controlled and Mild Hypertension Others
- ۴۲- The Predictive Value of Pulse Oximeters for Pulse Improvement after Angiography in Infants and Children ISI Web of science
- ۴۳- The Effects of Oral Ibuprofen on Medicinal Closure of Patent Ductus Arteriosus in Full-Term Neonates in the Second Postnatal Week ISI Web of science
- ۴۴- Comparison of Tadalafil and Sildenafil in Controlling Neonatal Persistent Pulmonary Hypertension ISI Web of science
- ۴۵- Evaluation of epidemiological, clinical, and microbiological features of definite infective endocarditis ISI Web of science
- ۴۶- بررسی میزان انتقال بین مراحل بیماری قلبی و ارتباط سندرم متابولیک با استفاده از مدل مارکف ISC
- ۴۷- The Incidence of Metabolic Syndrome and the Most Powerful Components as Predictors of Metabolic Syndrome in Central Iran: A ۱۰-Year Follow-Up in a Cohort Study ISI Web of science
- ۴۸- Effect of dietary habits on the risk of metabolic syndrome: Yazd Healthy Heart Project ISI Web of science
- ۴۹- Comparing the Effects of Nicotine Replacement Therapy and Nursing Counseling on Smoking Cessation among the Candidates for Coronary Artery Bypass Graft Surgery: A Clinical Trial ISI Web of science
- ۵۰- شیوع چاقی عمومی و چاقی مرکزی و فاکتورهای مرتبط با آن در جمعیت بزرگسال شهرستان یزد در سال ۱۳۹۳-۱۳۹۴ CINAHL

- ۰۱- The diagnosis of microorganism involved in infective endocarditis (IE) by polymerase chain reaction (PCR) and real-time PCR: A systematic review ISI Web of science
- ۰۲- Effectiveness of Health Technology in Electronic Prescription Systems: Systematic Review and Meta-Analysis Protocol Others
- ۰۳- Personal Electronic Health Record for Patients with Diabetes; Health Technology Assessment Protocol Others -۰۴
- ۰۴- Digenic inheritance of mutations in the cardiac troponin (TNNT γ) and cardiac beta myosin heavy chain (MYH γ) as the cause of severe dilated cardiomyopathy ISI Web of science -۰۶
- ۰۵- Difference between attributed risk estimated by 'leaven formulae' and its direct calculation. Iranian journal of public health; accepted in press ۲۰۱۹
- ۰۶- PAR population attributed risk of hyperuricemia in hypertenstion incidene ; yazd healthy heart COHORT(YHHC) . Iranian jornal of public health; accepted in press ۲۰۱۹
- ۰۹- Development of a National Roadmap for Electronic Prescribing Implementation. Dehghan H^۱, Eslami S^۱, Ghasemi SH^۱, Jahangiri M^۱, Bahaadinbeigy K^۱, Kimiafar K^۱, Aghabagheri M^۲, Namayandeh SM^۲, Sargolzaei M^۱. Stud Health Technol Inform. ۲۰۱۹;۲۶۰:۱۲۱-۱۲۷.
- ۱۰- Design and Evaluation of a Smart Medication Recommendation System for the Electronic Prescription doi: ۱۰.۳۲۳۲/۹۷۸.۱-۶۱۴۹۹-۹۷۱-۳.۱۲۸ Volume ۲۶۰: dHealth ۲۰۱۹ – From eHealth to dHealth
- ۱۱- Bioremediation of cardboard recycling industrial wastewater using isolated native fungal strains ; DESALINATION AND WATER TREATMENT, ۲۰۱۹
- ۱۲- Giant left atrium mimicking right pleural effusion Author(s): Soltani Mohammad Hosein , Namayandeh Seyedeh Mahdieh Journal of Case Reports in Practice, Volume: ۳ Issue: ۳, ۲۰۱۰
- ۱۳- *Salt Content in Traditional and Nontraditional Breads in Yazd City, Iran*, ۲۰۱۰-۲۰۱۶; Seyedeh Mahdieh Namayandeh; MD, PhD*^۱, ۲, ۳, Mohammad Hassan Lotfi; MD, PhD^۲, Vahid Jafari; MSc^۳, Vali Dad; MSc^۴, Javad Biabani; MSc^۵, ۶, Mohammad Hossein Razi; MD, PhD^۷ & Zohreh Sadat Sangsefidi; MSc^۸, ۹ *Journal of Nutrition and Food Security (JNFS)*, ۲۰۱۸; ۳ (۴): ۱۸۰-۱۹۲
- ۱۴- Characteristics, Outcomes, and Predictors of In-Hospital Mortality in Patients Hospitalized with Acute Systolic Heart Failure (HFrEF): Two-Center Registry of Acute Heart Failure from Iran; Int Cardiovasc Res J. ۲۰۱۸; ۱۲(۲): ۶۹-۷۳. icrj.۱۲۳۱۲; Mohammad Hossein Soltani^۱, *, Shima Asis^۱, Seyedeh Mahdieh Namayandeh^۱, Hamid Reza Dehghan^۱, Abbas Andishmand^۱, Elahe Abbasi^۱, Leila hadiani^۱, Sepideh Taghavi^۲, Ahmad Amin^۲, Nasim Naderi^۲
- ۱۵- Isolation and Identification of Native Fungi Degrading Wastewater's Pollutants in Cardboard Recycling Industry; Toloobehdasht Journal. ۲۰۱۹; ۱۷(۶): ۲۱-۳۲. [Persian] Zeinab osseini(M.Sc.)^۱, Mohammad Taghi Ghaneian(Ph.D.)^۲, Abbas Ali Jafari Nodoushan (Ph.D.)^۳, Mohammad Hassan Ehrampoush (Ph.D.)^۴, Seyedeh Mahdieh Namayandeh (Ph.D.)^۵, Mahin Ghafourzadeh(M.Sc.)^۶
- ۱۶- The effect of eight weeks of combined training on the serum macrophages phenotype of cardiac patients after coronary bypass surgery; Najmeh Ranjbar^۱, Sayed Mohammad Marandi*, Mahdieh Namayandeh^۲, Sayed Jalil Mirhosseini^۳, Mahdieh Ghanbery^۴ **Journal of Shahid Sadoughi University of Medical Sciences Vol ۲۷ | NO ۰ | Aug ۲۰۱۹**
- ۱۷- Association between dietary habits and changes in cardiometabolic risk factors in patients with metabolic syndrome: a ۱۰-year follow-up study; Progress in Nutrition ۲۰۱۹; Vol. ۲۱, Supplement ۱: ۳۴۸-۳۵۸ DOI: ۱۰.۲۳۷۵۱/pn.v۲۱i۱-S.۶۴۹۳; *Mohammadtaghi Sarebanhassanabadi^۱, Seyed Jalil Mirhosseini^۱, Masoud*

Mirzaei ¹, Seyedeh Mahdieh Namayandeh ¹, Mohammad Hossein Soltani ¹, Ali Pedarzadeh ¹, Zahra Baramesipour ¹, Reza Faraji ¹, Nastaran Ahmadi ¹, Amin Salehi-Abargouei

- 18- The Effect of Lower Limb Resistance Exercise with Elastic Band on Balance, Walking Speed, and Muscle Strength in Elderly Women; Mohammad Reza Vafaenasab , Najme Kuchakinejad Meybodi , Hamid Reza Fallah , Mohammad Ali Morowatisharifabad* , Seyeseh Mahdieh Namayandeh , Alireza Beigomi Elderly Health Journal Elderly Health Journal, Volume: 9 Issue: 1, 2019
- 19- Effect of fennel supplementation along with high-protein, low-carbohydrate weight-loss diet on insulin resistance and percentage of fat and muscle mass in overweight/obese women with polycystic ovary syndrome, lham Hosseini Marnani, Akram Ghadiri-Anari, Nahid Ramezani-Jolfaie, Mohammad Mohammadi, Nooshin Abdollahi, Seyedeh Mahdieh Namayandeh, Hassan Mozaffari-Khosravi, Amin Salehi-Abargouei, Azadeh Nadjarzadeh, Journal of Functional Foods, Volume 17, 2020
- 20- Sareban Hassanabdi M, Mirhosseini SJ, Mirzaei M, Namayandeh SM, Beiki O, Gannar F, et al. The most important predictors of metabolic syndrome persistence after 10-year follow-up: YHHP study. Int J Prev Med 2020; 11:33.

Seminars and congress

- 1- National Genetic Congress, Yazd Shahid Sadooghi University of Medical Sciences , Iran 2001
- 2- National Genetic Congress, Yazd Shahid Sadooghi University of Medical Sciences , Iran 2003
- 3- 3rd Iranian Congress of Genetic Disorders & Disabilities Nov 24th-Dec 1st Tehran- Iran 2004
- 4- 3rd seminar of Lifestyle modification for primary prevention of Ischemic Heart Disease , Tehran ,Iran. 2004
- 5- 3rd seminar on decrease accident mortality in Iran, Shiraz, 2011
- 6- 9th nation epidemiology congress ; Tehran; Iran 2019
- 7- DHealth meeting ; Ostrich 2019
- 8- 12th news in health; Tehran; 2019

Presented articles

- 1- Dr Rafiei M MD , Dr Sadr SM MD , Dr Afkhami M MD , Dr **Namayandeh SM MD** , et al .
Ankle brachial index as predictor of coronary artery disease in diabetic patients.
What is the best cut off point ? 1st Iranian heart association in collaboration with the university of Viena
Oct. 11, 2002, Tehran. Iran (oral presentation)
- 2- Rafiei M MD , Sadr SM MD , Afkhami M MD , **Namayandeh SM MD** , et al .
Ankle brachial index in coronary artery angiography patients that refer for IHD work up
1st Iranian heart association in collaboration with the university of Viena
Oct. 11, 2002, Tehran. Iran (poster presentation)
- 3- Abdollahi MH MD , Foroozannia SK MD , Dr **Namayandeh SM MD**. Platelet count changes during cardiopulmonary bypass surgery via on pump. (poster presentation) Cardiac surgery congress Shiraz - 2001

٤- Sadr SM MD ,Rafiei M MD , Rashtian P MD , **Namayandeh SM MD** , Soltani MH MD,, Andishmand A MD , Emami M MD .predictors of hospital mortality in patients with myocardial infarction in Yazd. (٢٠٠١-٢٠٠٢).

١٤th Iranian heart association in collaboration with the university of Viena
Nov. ٢٠- ٢٨. ٢٠٠٤,Tehran.Iran (poster presentation)

٥- Sadr SM MD , Rafiei M MD , **Namayandeh SM MD**, Aflatoonian M MD . Agreement between Ankle brachial index and ultrasound sonography in peripheral arterial disease patients .

١٤th Iranian heart association in collaboration with the university of Viena Nov. ٢٠- ٢٨. ٢٠٠٤,Tehran.Iran
(poster presentation)

٦- Rafiei M MD , Sadr SM MD ,**Namayandeh SM MD** , Dehghan HR MD .Heart Rate Variability As A Predictor Of Long- Term Prognosis After Myocardial Infarction. ١٤th Iranian heart association in collaboration with the university of Viena Nov. ٢٠- ٢٨. ٢٠٠٤,Tehran.Iran (poster presentation)

٧- Sadr SM MD ,Rafiei M MD , Bahadorzadeh L MD , **Namayandeh SM MD** , Soltani MH MD , Andishmand A MD , Emami M MD .Does opium addiction increase the risk of acute myocardial infarction?

١٤th Iranian heart association in collaboration with the university of Viena Nov. ٢٠- ٢٨. ٢٠٠٤,Tehran.Iran
(poster presentation)

٨- Sadr SM MD ,Rafiei M MD , **Namayandeh SM MD** , Soltani MH MD , Andishmand A MD , Emami M MD .predictors of hospital mortality in patients with myocardial infarction in Yazd. (٢٠٠١- ٢٠٠٢). ٧th National congress on cardiovascular update .June ١١- ١٤ ٢٠٠٤ Mashhhd university of medical science (poster presentation)

٩- Sadr SM MD ,Rafiei M MD , Rashtian P MD , **Namayandeh SM MD** , Soltani MH MD , Andishmand A MD , Emami M MD .Comparison of characteristics of in MI different situation before occurrence of acute MI . (٢٠٠١- ٢٠٠٢). ٧th National congress on cardiovascular update .June ١١- ١٤ ٢٠٠٤ Mashhhd university of medical science (poster presentation)

١٠- Soltani MH MD , Sadr SM MD ,Rafiei M MD , **Namayandeh SM MD** , Andishmand A MD , Emami M MD .Myocardial infarction in the young Yazd. (٢٠٠١- ٢٠٠٢). ٧th National congress on cardiovascular update .June ١١- ١٤ ٢٠٠٤ Mashhhd university of medical science (poster presentation)

١١- Sadr SM MD , Rafiei M MD , **Namayandeh SM MD**, Aflatoonian M MD . Agreement between Ankle brachial index and ultrasound sonography in peripheral arterial disease patients .
٧th National congress on cardiovascular update .June ١١- ٢٠ ٢٠٠٤ Razi conference hall , Tehran (poster presentation)

١٢- Sadr SM MD ,Rafiei M MD , Bahadorzadeh L MD , **Namayandeh SM MD** , Soltani MH MD , Andishmand A MD , Emami M MD .Early outcome of myocardial infarction in men and women .

۷th National congress on cardiovascular update .June ۱۷-۲۰ ۲۰۰۵ Razi conference hall ,Tehran (poster presentation)

۱۳- Rafiei M MD ,Ghanbari M MD ,Ziayeie nejad M MD , Sadr SM MD , Namayandeh SM MD , Asadi F MM MS .Coronary angiography in patients with ۵۰ years old and Younger. ۷th National congress on cardiovascular update .June ۱۷-۲۰ ۲۰۰۵ Razi conference hall ,Tehran (poster presentation)

۱۴- **Namayandeh SM MD** , Emami M MD , Yaganehfard S MD , Kamran M MD. Vitamin E effect on lipid profile in combination therapy of statin and Vitamin E . ۷th National congress on cardiovascular update .June ۱۷-۲۰ ۲۰۰۵ Razi conference hall , Tehran (poster presentation)

۱۵ - Khoda parasti D BC , Froozannia SK MD , **Namayandeh SM MD** . Predictors of ICU stay after CABG. ۷th National congress on cardiovascular update .June ۱۷-۲۰ ۲۰۰۵ Razi conference hall, Tehran (oral presentation)

۱۶- Seyed Hassani S , Rfiei M , **Namayandeh SM**, ET AL Inheritance pattern in coronary heart disease, Genetic Councelling .Education,Genetic Services And Public Policy,Austria, ۲۰۰۷,

۱۷- **Namayandeh SM MD** ,Ganbari M MD,Dehghan HM MD. Effect of exercise training and rehabilitation on paraclinical data , antropometric and functional capacity of CHD patients . ۷th National congress on cardiovascular update .June ۱۷-۲۰ ۲۰۰۶ Razi conference hall , Tehran (poster presentation)

۱۸- Diabetes congress yazd ۲۰۰۹

۱۹- Medical education congress ۲۰۰۹

۲۰ – Quran and medicine ۲۰۱۰

۲۱- ارزیابی یافته‌های آنژیوگرافی بیماران ۵۰ سال و کمتر مشکوک به بیماری ایسکمیک عروق کرونر

۲۲- انفارکتوس میوکارد در گروه سنی جوان

۲۳- (عوامل مؤثر مرگ و میر بیمارستانی(۸۲۱) بیمار مبتلا به انفارکتوس میوکارد (بزد۱۳۸۰-۱۳۸۱)

۲۴- اولیه پس از انفارکتوس حاد میوکارد در زنان و مردان out come مقایسه

۲۵ MI از نظر وضعیت‌های مختلف قبل از بروز MI مقایسه مشخصات بیماران مبتلا به

۲۶ با یافته‌های سونوگرافی داپلر در بیماران علامتدار مبتلا به تنگی شریان‌های محیطی اندام تحتانی (ABI) مقایسه یافته‌های اندکس پائی بازویی

۲۷ Evaluation of dyslipidemia characteristics in patients with acute myocardial infarction

۲۸ Vitamin E block response of HDL to Lovostatine in hyperlipidemic patients

۲۹ Effect of cardiac rehabilitation and exercise training

- ۳۰ در جمعیت شهری یزد (II) تعیین چگونگی توزیع لیپید در بیماران دیابتی تیپ
- ۳۱ The prevalence of angina pecloralis in urban population in yazd in ۲۰۰۶
- ۳۲ Agreement of ABI (Ankle brachial index) with doppler scanning in symptomatic peripheral arterial disease
- ۳۳ مقایسه دو نوموگرام دوزینگ هپارین در بیماران بستری در CCU کشوری
- ۳۴ تأثیر خواب شبانه بر سلامت روح و جسم از نظر قرآن و طب کشوری
- ۳۵ بیماریهای سایکوسوماتیک از نظر قرآن کشوری
- ۳۶ Epidemiological feature of diabetes mellitus in yazd urban population بین المللی
- ۳۷ Coronary angiographic results in diabetic vs. non-diabetic patients بین المللی
- ۳۸ Potency rate in culprit artery in diabetic patients بین المللی
- ۳۹ Genetic bases of diabetes mellitus among ischemic heart disease patients بین المللی
- ۴۰ بررسی تأثیر سابقه فامیلی بیماریهای ایسکمیک قلبی در بقای بیماران دچار سکنه قلبی کشوری
- ۴۱ Risk factors effect in repeating non-fatal MI in patients with one previous in ۵-year follow up کشوری
- ۴۲ Association of pulp stones with coronary artery stenosis. بین المللی
- ۴۳ WICH CARDIOVASCULAR RISK FACTORS ARE MORE IMPORTANT IN PROGNOSIS OF PATIENTS WITH ACUTE CORONARY SYNDOMEΔ YEARS FOLLOW UP STUDY بین المللی
- ۴۴ SURVEY THE RELATIONSHIP OF THE POSITIVE FAMILY HISTORY OF CAD AND DEATH AFTER MI IN ۵ YEAR FOLLOW UP بین المللی
- ۴۵ Are the Men at the higher risk for repeating MI than the Women? بین المللی
- ۴۶ Influence of cystolic & diastolic hypertension on long duration survival in paitient with first MI in yazd بین المللی
- ۴۷ sodium and postassium intake of urban dwellers in yazd-Iran بین المللی
- ۴۸ Anxiety determinants in mothers of children with congenital heart diseases undergoing cardiac surgery بین المللی
- ۴۹ A Study of the Effect of Cardiac Rehabilitation on Heart Failure Patients' Life Quality بین المللی
- ۵۰ incidence and survival of heart failure one year after myocardial infarction بین المللی
- ۵۱- *diabetes mellitus incidence and its related factors in yazd urban population ; YHHC ۲۰۱۹* بین المللی

THESIS:

First supervisor:

- Diabetes Mellitus incidence and its predictors based on Longitudinal study of ۲۰-۷۴ years old of YHHC(Yazd Healthy Heart Cohort)during ۱۰ years follow up; *MSC of Epidemiology student: MR Karimi- ۲۰۱۷-۲۰۱۸*

۶. Hypertension incidence and its predictors based on Longitudinal study of ۶۰-۷۴ years old of YHHC(Yazd Healthy Heart Cohort)during ۱۰ years follow up; *MSC of Epidemiology student: MR Hosseini ۲۰۱۷-۲۰۱۸*
۷. Human Sustainable development indices relationship with life expectancy in yazd provinc during ۱۰ years . *MSC of Ecology Mr Ansari ۲۰۱۸*
۸. Hypertension risk assessment tools and application based on Longitudinal study of ۶۰-۷۴ years old of YHHC(Yazd Healthy Heart Cohort)during ۱۰ years follow up; *MSC of Epidemiology student: MR Mohammadi ۲۰۱۸*
۹. Study of Angiotensin gen polymorphism and CVD risk factor correlation and intraction in stroke, *MSC of Epidemiology student: MR Feiuiji ۲۰۱۸*
۱۰. Diabetic patients with normal coronary;clinical and paraclinical charachteristics and family study, *MSC of Epidemiology student: MR askari , ۲۰۱۸*
۱۱. GIS based study of Lishmanosis in Fars provinc. *MSC of Ecology Mr Khatami ۲۰۱۸*
۱۲. Epidemiologic aspects of TB in elderly *Supervisor: Dr Morovati, Student: MSC of Geriatrics Mr Sharadian ۲۰۱۷-۲۰۱۸*
۱۳. Diabetic patiEnts E-Health Record (HER) health technology assessment (HTA project), *MSC of HTA student: Mrs Rahimi, ۲۰۱۷*
۱۴. E-prescription health technology assessment (HTA project), *MSC of HTA student: Mrs Gholami ۲۰۱۷*
۱۵. Sustainable health *development indices in health and life expectancy in Yazd province, ۲۰۱۸*
۱۶. Diabetes mellitus primary prevention metformin or life style modification , systematic review and meta analysis, *epid msc mrs musavi ۱۳۹۸*
۱۷. Brocellosis GIS in Isfahan . *Mrs Khodarahmi epid MSC ۱۳۹۸*
۱۸. Neonatal Hypothyroid trend and GIS in khuzestan , ecology *MSC mrs vasiri ۱۳۹۸*
۱۹. Smoker cvd risk factor profile and life style in YHHC *Mrs kiani Epid MSC ۱۳۹۸*

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| Second Supervisor |
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۲۰. dietary habit effect on Metabolic Syndrome application based on Longitudinal study of ۶۰-۷۴ years old of YHHC(Yazd Healthy Heart Cohort)during ۱۰ years follow up; *PhD by research Candidate:Mr Sareban*
۲۱. Diagnostic value of kits in cmparison of RT-PCR infection endocarditis *Supervisor: Dr Behjati, PhD by research Candidate: Mr Faraji*
۲۲. Dietary habit and hypertension , herbal medicine *MD PhD dr Abolhosseini*

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| Advisor: (methodology and statistical consultant) |
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۱. Endurance exercise effect on disequilibrium in elderly , *Supervisor: Dr Vafaeinasab, MSC of Geriatrics Student: Mrs koochaki; ۲۰۱۷*
۲. Strengthening exercise effect on dis equblrium in elderly *Supervisor:Dr Morovati, Student: MSC of Geriatrics Mrs Amiri; ۲۰۱۷*

۴. Anthropometry normal range in metabolic syndrome prediction, *Supervisor :Dr Mirzaeei, MSC of Epidemiology Student: Mrs Nekahi*
۵. Oral Tadalafil in pulmonary hypertension, *Supervisor: Dr Alipur, pediatrics student: Dr Motahari ; ۲۰۱۶*
۶. Ibuprofen effect on patent arterioles in neonate, *Supervisor: Dr Alipur, student: Dr Mozaffari; ۲۰۱۶*
۷. Opium effect on short term outcome in CABG patients; *Supervisor : Dr Mali , Student: Dr Vakili; ۲۰۱۸*
۸. ۲۴ hours Na of urine in ۲۰-۲۴ years old based on YAHS study population, *Supervisor : Dr Soltani , cardiology Student: Dr Dehghan; ۲۰۱۶*
۹. long term outcome of Valvular surgery in Afshar hospital; *Supervisor : Dr Soltani , cardiology Student: Dr Zare; ۲۰۱۶*
۱۰. long term outcome CABG *Supervisor : Dr Soltani , cardiology Student: Dr Rasti; ۲۰۱۷*
۱۱. Renal dysfunction Heart failure outcome ; *Supervisor : Dr Soltani , cardiology Student: Dr Asis; ۲۰۱۷*
۱۲. Flaxceed effect on blood pressure in stage I hypertension, *Supervisor : Dr Modares , pharmacology Student: Dr jabin zadeh; ۲۰۱۸*
۱۳. Flaxceed effect on blood lipids in stage I hypertension, *Supervisor : Dr Modares , pharmacology Student: Dr Shahedi pur; ۲۰۱۸*
۱۴. Dietary behavior determinants in Kalat town; *Supervisor : Dr morovati , MSC Geriatric Student: Kiani; ۲۰۱۸*
۱۵. Razianeh effect in PCOD patients. *supervisor: Dr Najarzadeh; MSC nutrition student: miss Hosseini maznani ; ۲۰۱۷*
۱۶. Environmental ecologic aspects of town and Quality of life ; *supervisor: Dr Ghaneian; MSC ecology student: Shahvoraghi ; ۲۰۱۷*
۱۷. Sufficiency and environmental aspects of town, *Supervisor :Dr Ehrampush; MSC ecology student: Rostampur ; ۲۰۱۷*
۱۸. Low calorie and low protein diet effect on parkinsonism; *Supervisor: Dr Kaseb; MSC ecology student: Behzadi ; ۲۰۱۷*
۱۹. Cardiac rehabilitation with resistance exercise ; *supervision: Dr Hossinie Iran university. PhD candidate of exercise physiology, Mrs Ranjbar, ۲۰۱۷-۱۸*
۲۰. Ecological factors effect on traffic road accident in Yazd ; *Supervisor :Dr Ghaneian; MSC ecology student: Trfiei ; ۲۰۱۷*
۲۱. Ecological factors of pediculosis in middle school , in Khorasan ; *Supervisor :Dr Ghaneian; MSC ecology student: Lashkari ; ۲۰۱۷*
۲۲. Ecological factors of skin cancer in patients refer to Razi hospital , in Tehran ; *Supervisor: Dr Ghaneian; MSC ecology student: Nazari ; ۲۰۱۷*
۲۳. Insulin therapy health assessment technology (HTA); *Supervisor:Dr Dehghan; MSC HTA student: Akbari ; ۲۰۱۷-۱۸*
۲۴. Virtual university health assessment technology (HTA); *Supervisor: Dr Dehghan; MSC HTA student: Akbari ; ۲۰۱۷-۲۱۸*

۲۴. Breast cancer diagnosis radiology health assessment technology (HTA); *Supervisor: Dr Dehghan; MSC HTA student: Ziadpurfe ; ۲۰۱۷-۱۸*
۲۵. Drug compeliance of PCI petients and short term outcome; *Supervisor : Dr Andishmand , medical Student: Dr Mahdavi; ۲۰۱۸*
۲۶. Knowledge and attitude assessment about elderly in elderly health providers in yazd and Hamadan; *Supervisor : Dr morovati , MSC Geriatric Student: Bahram; ۲۰۱۸*
۲۷. Competing risk evaluation in cardiac death based on Longitudinal study of ۲۰-۲۴ years old of YHHC(Yazd Healthy Heart Cohort)during ۱۰ years follow up; *Supervisor : Dr askarshahi MSC of statistics: Miss Majidi ۲۰۱۸*
۲۸. Fungal eradication random an for water disinfection ; *Supervisor :Dr mokhtari MSC of environmental health: miss Hossieni ۲۰۱۷*
۲۹. Artificial valve malfunction predictors; *Supervisor :Dr Haghani catdiology student: dr khaleghi ۲۰۱۸*
۳۰. Anthropometric indices cutpoints in prediction of diabetes mellitus; based on YAHS project data , *Supervisor :Dr Mirzaeei MSC of epidemiology: miss sharifnia; ۲۰۱۷*
۳۱. *Razianeh and diet in PCO , Elham hosseini DR NAJARZADEH ۱۳۹۸*

PROJECTS:

۱. Study of clinical & Para clinical characteristics and hospital outcome of MI patients in Yazd .(۲۰۰۱-۲۰۰۲)
(A case series on ۸۲۳ patients during ۱۸ months)
۲. One year follow up study of MI patients.(۲۰۰۲-۲۰۰۳)
(a cohort study of ۵۵۰ patients)
۳. Ankle brachial index in coronary angiographic patients that refer to cat-lab for CAD workup. (۲۰۰۱-۲۰۰۲)
(an analytical-descriptive study on ۶۰۰ cases)
۴. ۲۴ hours heart rate variability for prediction of diabetic retinopathy .(۲۰۰۲-۲۰۰۵)
(a ۳ years follow up and test study)
۵. ۲۴ hours heart rate variability in MI patients .(۲۰۰۴-۲۰۰۵)
(a ۱ year follow up study on ۱۰۰ cases)
۶. cardiac rehabilitation effect on cardiac indices and prognosis of MI patients .(۲۰۰۲-۲۰۰۵)
(an interventional study on ۱۰۰ cases)
۷. community based intervention for primary prevention of IHD in general population of Yazd city . ۲۴ hours heart rate variability for prediction of diabetic retinopathy .(۲۰۰۴-۲۰۰۹)
(a community based multiple risk factor interventional study)
۸. Infarct related artery patency rate of culprit vessels in MI patients . (۲۰۰۴-۲۰۰۵)
(an experimental study)

۹. Heparin dosing nomogram in acute coronary events . (۲۰۰۴-۲۰۰۵)
(an experimental study on ۱۴۰ cases)
۱۰. MI registration .(۲۰۰۱-۲۰۰۴)
(a ۳ years registration of admitted MI patients)
۱۱. Restenosis of coronary artery after stent angioplasty .(۲۰۰۴)
(a ۶ months follow up study on ۲۰۰ cases)
۱۲. Hereditary pattern of IHD in Yazd .(۲۰۰۴-۲۰۰۵)
(a familial pedigree analysis on ۵۰۰ cases)
۱۳. Familial hypercholesterolemia in early onset coronary artery disease –diagnosis and management . (۲۰۰۴-۲۰۰۵)
(a familial pedigree analysis on ۵۰۰ cases)
۱۴. Ischemic heart disease risk factor prevalence study in ۲۰ years old and over population in Yazd city . (۲۰۰۴) (a prevalence study on ۲۰۰۰ cases)
۱۵. Sesame, olive and soy oil effect on lipid profile . (۲۰۰۴) (a experimental study on ۱۶ cases)
۱۶. Return to work in myocardial infarction patients.(۵۰۰ cases)
۱۷. Longitudinal study of cardiovascular disease and its risk factors , ۱۰-year cohort of Yazd healthy heart project (۲۰۰۵-۲۰۱۵)
۱۸. Web based admitted ischemic heart disease registration in Yazd province. (۲۰۱۴- up to now)
۱۹. Fast food salt, carbohydrate protein and calorie and micronutrient dietary value before and after healthy recipient intervention (۲۰۱۶)
۲۰. Animal and vegetable oil effect on vascular wall atherosclerosis plaque induction.(۲۰۱۷-۲۰۱۸)
۲۱. Longitudinal study of cardiovascular disease and its risk factors , ۱۰-year cohort of Yazd healthy heart project (۲۰۱۹)
- ۲۲.Evaluation of education and management intervention on CPR quality in Afshar hospital ۱۳۹۸
- ۲۳.Evaluation of education and management intervention on hand health and washing in Afshar hospital ۱۳۹۸
- ۲۴.Electronic health record in CVD patients in Yazd province ۱۳۹۸
۲۵. Dietary habit in Yazd population
۲۶. sodium contribution in foods in Yazd Population

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| Primary prevention program; high risk and community level |
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- ۱- Bread quality and salt content improvement project; ۲۰۱۶

- ۲- Localization of Non communicable disease (cardiovascular disease premature death reduction and hypertension incidence reduction program road map) control program in Iran, Yazd province up to ۲۰۲۰;
۲۰۱۶
- ۳- fast food menu improvement toward healthy diet
- ۴- Atherosclerosis development in animal models
- ۵- Animal fat effect on vascular function and plaque development

Ward establish

- ۱-yazd cardiovascular research center establish and improvement
- ۲- cardiac rehabilitation development
- ۳- non communicable disease checkup and primary prevention clinic
- ۴- secondary cardiac prevention clinic(cardiac high risk patient clinic?)

Research Interest:

- ۱- Primary prevention of Ischemic heart disease .
- ۲- Genetic basis of Ischemic heart disease and its risk factors .
- ۳- Nutritional basis of Ischemic heart disease and its risk factors .
- ۴- Nutrition in primary and secondary prevention of Ischemic heart disease and its risk factors .